

8 km Hill Run

Rolling-2km

Hill-3km
(75m elevation change)

Flat-3km

North Bay Regional Health Centre
Centre régional de santé de North Bay

Plenary Health Johnson Controls presents
Our Hospital Walk/Run

Hospital Mile
5 Km Walk/Run
6 Km Trail Run
8 Km Walk/Run

Sunday October 16th, 2011 on the site of the North Bay Regional Health Centre

